



# Crispus Attucks Children's Center

105 Crawford Street, Dorchester MA 02121



Visit our Website

## Weekly Menu March 23, 2026 to March 27, 2026

MEAL	COMPONENT	AGES 1-2	AGES 3-5	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Fluid Milk	1/2 cup	3/4 cup	Fluid Milk	Fluid Milk	Fluid Milk	Fluid Milk	<b>SCHOOL CLOSED</b>
	Vegetables/Fruits	1/4 cup	1/2 cup	Bananas	Apple Slices	Orange Slices	Diced Mango Fruit Cups	
	Grains/Meats*	1/2 oz eq	1/2 oz eq	WG Low Sugar Cocoa Pufs	WG Cinnamon Apple Muffins	Bagels with Cream Cheese	Yogurt	
LUNCH	Fluid Milk	1/2 cup	3/4 cup	Fluid Milk	Fluid Milk	Fluid Milk	Fluid Milk	<b>PROFESSIONAL DEVELOPMENT</b>
	Vegetables	1/8 cup	1/4 cup	Broccoli	Lettuce	Pinto Beans	Corn	
	Fruits*	1/8 cup	1/4 cup	Apple Slices	Tomato	Apple Slices	Diced Tropical Fruit Cups	
	Grains	1/2 oz eq	1/2 oz eq	Macaroni Pasta	Tortillas	Cornbread	Pizza	
	Meats/Meat Alternates	1 oz eq	1 1/2 oz eq	Turkey & Ham	Shredded Chicken & Cheese	Ground Beef	Beef and Turkey Pepperoni	
SNACK	Fluid Milk	1/2 cup	1/2 cup					<b>SCHOOL CLOSED</b>
	Vegetables	1/2 cup	1/2 cup					
	Fruits	1/2 cup	1/2 cup	Apple Juice	Orange Juice	Pineapple Juice	Apple Juice	
	Grains	1/2 oz eq	1/2 oz eq	WG Wheat Thins	WG Sunchips	WG Goldfish	WG Graham Crackers	
	Meats/Meat Alternates	1/2 oz eq	1/2 oz eq					

\* Meats and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week. \* The fruits component at lunch may be substituted by a second, different vegetable. oz eq = ounce equivalents

MENU A



Age 1 serve whole milk  
Ages 2+ serve 1% or fat-free milk



At least one serving of grains per day must be whole grain-rich.



Centers and homes are required to offer water to children throughout the day.



National CACFP Association