


**MENU– MAY 27 – MAY 31, 2024 - CRISPUS ATTUCKS CHILDREN’S CENTER - 105 Crawford Street**

USDA Child and Adult Care Food Program Meal Pattern	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>Breakfast</b> 1 serving milk	CLOSED	1% MILK	1% MILK	1% MILK
1 serving juice, fruit &/or vegetable (2)	IN OBSERVANCE OF MEMORIAL DAY	ORANGE JUICE	APPLE JUICE	ORANGE JUICE	APPLE JUICE
1 serving bread or cornbread, biscuit, roll or muffin or cold dry cereal or hot cooked cereal or pasta, noodles or grains (3)	CLOSED	YOGURT	FRENCH TOAST W/ SYRUP	BAGELS WITH CREAM CHEESE	TRIX REDUCED SUGAR WHOLE GRAIN CEREAL
<b>Lunch</b> 1 serving meat/poultry, fish, or cheese or egg or cooked dry beans or peas, or nuts and/or seeds, or peanut or other nut or seed butters, or yogurt (4,5 &6)	IN OBSERVANCE OF MEMORIAL DAY	SPAGHETTI WITH GROUND TURKEY, TOMATO SAUCE, BABY CARROTS	PHILADELPHIA CHEESE STEAK – SHAVED STEAK, AMERICAN CHEESE, SUB ROLL – GREEN BEANS	BEEF RAVIOLI, MARINARA SAUCE, PARMESAN CHEESE, DICED ZUCCHINI	CHICKEN NUGGETS, CORNBREAD, FRENCH FRIES
2 servings fruit/vegetable juice, fruit and/or vegetable (2)	CLOSED	ORANGES BABY CARROTS	APPLE SLICES, GREEN BEANS	WATERMELON STICKS, DICED ZUCCHINI	BANANAS, POTATO
1 serving bread or cornbread, biscuit, roll or muffin or cold dry cereal or hot cooked cereal or pasta, noodles or grains (3)	IN OBSERVANCE OF MEMORIAL DAY	SPAGHETTI	SUB ROLL	RAVIOLI	CORNBREAD
1 serving milk	CLOSED	MILK	MILK	MILK	MILK
<b>Afternoon Snack</b> - choose 2 of 4 1 serving milk, 1 serving fruit/ vegetable juice, fruit and/or vegetable 1 serving grains bread or cornbread, biscuit, roll or muffin, or cold dry cereal or hot cooked cereal or pasta, noodles or grains 1serving meat/meat alternative meat, poultry, or fish, or cheese or egg or cooked dry beans or peas, or seeds, or seed butters or yogurt (2,3,4,5,6&7)	IN OBSERVANCE OF MEMORIAL DAY 	APPLE OATMEAL BARS  1% MILK	CHEEZ-ITS  1% MILK	APPLE SAUCE  1% MILK	VANILLA PUDDING  1% MILK

- (2) fruit or vegetable juice must be full-strength. Juice cannot be counted as the second snack-item if the other snack-item is milk.
- (3) breads and grains must be made from whole-grain or enriched meal or flour. Cereal must be whole-grain or enriched or fortified.
- (4) a serving consists of the edible portion of cooked lean meat or poultry or fish.
- (5) nuts and seeds may comprise only half of a meat/meat alternative serving and must be combined with another meat/meat alternative to fulfill the lunch or supper requirement.
- (6) yogurts may be plain of flavored unsweetened or sweetened.
- (7) water is suggested as a beverage for all snacks even when other beverages are offered to encourage children to drink water.

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