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Weekly Menu February 16, 2026 to February 20, 2026

MEAL	COMPONENT	AGES 1-2	AGES 3-5	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Fluid Milk	1/2 cup	3/4 cup	<p>HAPPY PRESIDENTS DAY</p>	Fluid Milk	Fluid Milk	Fluid Milk	<p>CLOSED For PROFESSIONAL DEVELOPMENT DAY</p>
	Vegetables/Fruits	1/4 cup	1/2 cup		Hash-browns	Diced Tropical Fruit Cups	Orange Slices	
	Grains/Meats*	1/2 oz eq	1/2 oz eq		Chicken Sausage	WG Cinnamon Toast Crunch	Bagels with Cream Cheese	
LUNCH	Fluid Milk	1/2 cup	3/4 cup		Fluid Milk	Fluid Milk	Fluid Milk	
	Vegetables	1/8 cup	1/4 cup		Lettuce	French Fries	Sweet Potato Fries	
	Fruits*	1/8 cup	1/4 cup		Tomatoes	Apple Slices	Pineapple Tidbits Fruit Cups	
	Grains	1/2 oz eq	1/2 oz eq		Flour Tortillas	Wheat Hamburger Buns	Cornbread	
	Meats/Meat Alternates	1 oz eq	1 1/2 oz eq		Ground Turkey & Cheddar Cheese	Beef Patties	Chicken Nuggets	
SNACK	Fluid Milk	1/2 cup	1/2 cup					<p>TRAINING SKILLS / EXPERIENCE / LEARN / DEVELOPMENT</p>
	Vegetables	1/2 cup	1/2 cup					
	Fruits	1/2 cup	1/2 cup					
	Grains	1/2 oz eq	1/2 oz eq		Orange Juice	Pineapple Juice	Apple Juice	
	Meats/Meat Alternates	1/2 oz eq	1/2 oz eq		WG Teddy Grahams	WG Cheez-Its	WG Gold Fish	

* Meats and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week. * The fruits component at lunch may be substituted by a second, different vegetable.
oz eq = ounce equivalents

MENU B



Age 1 serve whole milk
Ages 2+ serve 1% or fat-free milk



At least one serving of grains per day must be whole grain-rich.



Centers and homes are required to offer water to children throughout the day.



National CACFP Association